

FEAR

FACTS ON DOMESTIC VIOLENCE:

Silence

It is estimated that 20% to 50% of all women are victims of domestic violence.

A spouse abuser may not necessarily abuse his children. However, in 3 out of 4 violent marriages that have children, the children are physically abused.

40%-60% of men who abuse women also abuse children.

Children from abusive homes tend to seek violent relationships as adults.

Up to 60% of boys witnessing violence become batterers, and up to 50% of girls become victims.

It affects all social, religious, economic, and ethnic groups.

It affects us all!

Isolation PAIN



YOU CAN HELP!

Volunteer- There is several ways you can help that will accommodate your schedule. Jobs can include grant writing, creative and artistic tasks in preparation to doing a workshop, general office help, assistance with exhibits and event support.

Donate – All donations are tax deductible. Write a check to ARTesia or use a credit card online with PayPal at our website

- \$60 would sponsor a single expressive workshop at a shelter
- \$360 would sponsor a six week workshop at a shelter that would help the participant's process difficult emotions and steer them to formulating positive goals to change their futures
- If you would like to donate for art supplies for a workshop – donate any amount

See our website

ARTesiaHealingArts.org for more!



ARTesia...

is dedicated to providing a peaceful, healing, and safe environment for the expression and teaching of visual arts to all members in its community affected by domestic violence.

(805) 256-5315

ARTesiaHealingArts.org

There is HOPE . . .



"I am beginning to celebrate my freedom, by finding joy in simple things and daring to dream again."

**Plans for a future,
not for disaster,
to give a future
and a hope!**

What ARTesia Provides:

Free or low-cost art sessions for women, children, and teens who are in recovery from domestic violence. The program will emulate and incorporate elements of "Art As Healing Tool", a program developed by "A Window Between Worlds" in Venice California.

"Groups are hard for me and usually bring feelings of failure, but I feel hopeful. I can experience healing in the long run. Thank you!" -Children's Windows Participant

Art exhibits displaying compelling pieces to increase public awareness about domestic violence and its effects on the family. These visual exhibits speak louder than words.



Heart Stories

Witnessing domestic violence has a devastating impact on children who often lack the words to describe their experiences. Art gives people a positive way to handle their anger and pain, an essential step in breaking the chain of family violence for future generations. Children blossom when they are valued during the workshops, and art provides them with a lifelong tool to explore their feelings, hopes and dreams.

"Every time I don't think I want to do art, but then I do it and I don't feel angry anymore." -Children's Windows Participant

